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DOES THIS TURN YOU ON?
NO? WHAT IF A TWERKING
MILEY CYRUS WAS
ADDED TO THE MIX?
WELCOME TO THE
BURGEONING GENRE
OF DINO-ROTIKA **PAGE 11**

**Tanning is
not cigarettes:
Salon owner**

Bill banning anyone under
18 from using tanning beds
has wide support — except
from this Londoner **PAGE 2**

**We seem to
recall a
similar recall**

Webers Bucket of Burgers,
President's Choice Beef
Burgers added to recall list
due to E. coli **PAGE 3**

**...and may God
have mercy on
your soul**

T.O. judge gives officials a
lesson in law for trying to
prosecute activist for not
filling out census data **PAGE 6**

**NEW KNIGHT IN TOWN**

Brady Austin is bringing his six-foot-four, 225-pound frame to London. The Buffalo Sabres draft pick has been snatched up by the Knights in a one-for-one trade with the Belleville Bulls. See story, page 17.

COURTESY BUFFALO SABRES

**In east London
— pot plants
grow on trees****Weed wonder.**

Pedestrian happens
upon a marijuana plant
growing among the
straight-edged greenery
at Dundas-Lyle streets



**SCOTT
TAYLOR**
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There it stood, loud and
proud, all four feet of it at the
intersection of Dundas and
Lyle streets.

They say the grass is al-
ways greener on the other
side, but who knew it can
also be illegal, in a hazy sort
of way?

Tanya Burke was out for a
walk Wednesday morning at
about 9:30 when a suspected
marijuana plant — nestled
in a small patch of legitimate
greenery — caught her eye.

It was right there in the
open, Burke said, with people
of all walks of life, including
a number of police officers,
passing by without a second
glance.

"The first thing I did was
take pictures of it," Burke said



**What's believed to be a marijuana
plant growing at Dundas and Lyle
streets. CONTRIBUTED**

with a good-natured laugh.
"Nobody noticed it. It was
at least four feet tall on this
little island on the southwest
corner of the intersection."

The plant's leaves, sprout-
ing out in all directions, were
fairly recognizable, she said.

After all, they're embla-
zoned on T-shirts, some flags,
almost all things Bob Marley
and in the windows of head
shops everywhere.

While it wasn't hard to
spot, Burke didn't know

exactly what to do once she'd
made the discovery.

So, she decided to call po-
lice.

The department's head-
quarters are, after all, only
two blocks away.

Maybe they'd know what
to do.

"They didn't really seem
concerned about it, but the
woman asked me if I could
stay for a few minutes until
an officer arrived," she said.

Park didn't have to wait
long.

A police officer who was
in the area dealing with an-
other matter came over, took
a good look at the plant and
confirmed her suspicion that
it was pot, Park said.

Then, he pulled it out by
its roots and walked away
with it in hand.

An official in the city's
environmental programs
division told Metro he didn't
know enough about pot to say
for certain how the plant may
have wound up sprouting at a
city intersection.

Many websites suggest
an accidental grow would be
highly unlikely but possible.

According to CannabisCul-
ture.com, marijuana can most
definitely grow in the wild.

Driving mad

Annoyance over ticket leads to another ticket

A 29-year-old London man's misplaced anger towards a St. Thomas police officer cost him much more than the original ticket he was given.

The officer stopped a motorist shortly after 3 p.m. Tuesday for having a dark tint on his windows. According to police, the driver didn't think he deserved the ticket and, to illustrate his displeasure, he slammed on the accelerator and sped away, spinning his tires in the gravel and on the pavement after the stop was complete.

That was his second mistake. The outburst left tire marks on the road and, for that, the driver was dinged for stunt driving.

It's against the law to cause tires to spin and lose contact with the pavement, police say. The man's driver's licence was seized for seven days, and his 2004 BMW was impounded for a week. **METRO**

16-year-old boy

Alleged serial tagger charged in Woodstock

Complaints of graffiti dotting everything from Woodstock schools to hydro boxes have been tied to a teenager, police said.

A 16-year-old boy has been charged with mischief under \$5,000 in relation to a tagging investigation that started earlier this year. Police believe other youths may have been involved.

METRO



Chris Afentouloupoulos at his Tahiti Breeze Sun Spa on Wharnccliffe Road. MIKE DONACHIE/METRO

Tanning bill will save lives: Cancer society

Queen's Park. New bill banning anyone under 18 from using tanning beds has broad support, but one local salon owner is against the idea



MIKE DONACHIE
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Teens will soon be banned from tanning beds, but one London businessman wants to shed some light on the situation.

Chris Afentouloupoulos, who owns two London salons, Tahiti Breeze and Tantrum

Sun Spa, says tanning isn't bad for you. In fact, he argues, it's more dangerous to go swimming or drive a car.

The folks at Queen's Park don't agree.

Legislatures unanimously passed a bill Wednesday that, once enacted, will stop the sale of tanning services to anyone younger than 18 years old.

Afentouloupoulos was expecting the law change and had already banned minors from his salons, despite his insistence that tanning — and the vitamin D it provides — is good for the skin.

"It just creates a negative image in people's heads," he said about the new legislation. "They think that if it's bad for

Slight drop

2-5%

The lost business, depending on the location, of tanning salons when under-18s are excluded.

teens it's bad for everybody.

"Sunlight is not like alcohol or tobacco. But there's this negative image."

The province's bill sets fines of up to \$25,000 for anyone who breaks the rules. There's also a ban on ads targeting minors and operators must post signs about the ban along with those explaining the health risks of tanning.

The Canadian Cancer Soci-

ety says the ban will save lives. It says it's important to focus on youths because the risk of skin cancer increases by 75 per cent when tanning beds are used before age 35.

Steve Gilroy, with the Joint Canadian Tanning Association, a body that represents the tanning industry, is welcoming Ontario's step and said his members have been pushing for proper regulation since 2002.

The legislation also bans self-operated tanning beds, a move that will ensure safety because someone trained to use the equipment must be present at all times.

"It's about time we got something done with regulations," Gilroy said.

Councillors' pay to rise, and stay the same

City councillors and the mayor look like they're getting a pay raise — except they're not.

The confusing and complex task of the council compensation tax review is almost complete.

Every four years, stipends for 14 councillors and the mayor are reviewed, and the last few months have seen an exhaustive process.

Their recommendations to council, agreed Wednesday night, include ending the one-third tax break for council members. To compensate for that, there should be pay rais-



Brian Orr
METRO

The net pay to everyone affected will stay pretty much the same.

Public opinion expressed via a survey is the main reason the payouts won't go up, said task force chair Brian Orr. People don't want their coun-

cil to be paid more.

There is one small rise, but it's very small. Instead of allowing the six standing committee chairs to receive an allowance of \$1,250, that same allowance should be paid to every councillor, the task force agreed, in an attempt to depoliticize committees.

The effect of that, and some changes to benefits, will cost the taxpayer about \$81,000 a year more, said Orr.

The group also makes recommendations on how the next review is carried out. Among those is a request for

Payday breakdown

- **Mayor.** Currently \$104,258 with one-third tax-free. Recommendation is \$130,916 but taxed under normal rates.
- **Councillors.** Currently \$33,465, one-third tax-free. Recommendation is \$36,616 (including a committee chair stipend for all) but taxed normally.

more time — a full year for the process, because of a feeling among members this time that it was rushed.

Also, as member and former councillor Sandy Levin said, there was feedback that

holding a public participation meeting at 5 p.m. discouraged people from taking part. The committee agreed to recommend seeking more public engagement next time.

MIKE DONACHIE/METRO



A lab technician holds a bacteria culture that shows a positive infection of E. coli. Four Londoners have been sickened by E. coli stemming from recalled meat. SEAN GALLUP/GETTY IMAGES

You've heard it before, but we'll say it again

Growing list. President's Choice Beef Burgers and Webers Bucket of Burgers have now been added to the recall



SCOTT TAYLOR

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Federal health officials have expanded a recall of E. coli-laden burgers that, so far, have sickened four people in London.

Webers Bucket of Burgers and President's Choice Beef Burgers have now been added to the recall list. Initially, only Compliments brand Super 8 Beef Burgers were included.

It's the latest in what has become a somewhat common occurrence in recent years — contaminated food that finds its way onto market despite rigorous health guidelines.

So, why's the E. coli nut so hard to crack?

The problem is in the testing, says Linda Pilarski, a professor of experimental oncology at the University of Alberta.

"The current technology is

time consuming and requires too much communication," said Pilarski. "(Meat samples) almost always goes to some central testing site, and it can take 18 to 24 hours to get the results back.

"Different shifts are involved and the tester is somewhat divorced from the person who takes the samples."

Pilarski, however, is part of a team on the verge of finding a fix: A fool-proof device to test for E. coli.

A device she and others from the university are developing for commercial use is "incredibly reliable and should work well with non-expert users."

It's less expensive than what's being used now, and, Pilarski said, exact results should be known within an hour.

"That's critical," Pilarski said. "Even routine packing plant staff will be able to use it accurately."

The strain of E. coli — dubbed O157:H7 — involved in the latest burger recall is particularly nasty, and could cause severe kidney damage or even death, said Tristan Squire-Smith, manager of infectious disease control at the Middle-

Precaution

Simple tips for avoiding E. coli:

- Always cook beef to an internal temperature of 71 C or 160 F.
- Always wash your hands after handling uncooked meat.

- Never put cooked meat on a plate that's been used for raw meat.

SOURCE: MIDDLESEX-LONDON HEALTH UNIT

sex-London Health Unit.

It comes from the intestines of cattle straight to your grocers' shelves. It can't be seen, and it can't be smelled, but it can most certainly be felt.

"This particular strain produces toxins that are poisonous to humans," Squire-Smith said. "Between two to seven per cent of the population, such as the elderly or infants, are at risk of kidney damage or kidney failure and you may — in extreme cases — need a blood transfusion."

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'People's choices will be impacted.' Liberals want menu makeovers

Ontario's health minister has announced plans that would force chain restaurants to post calories on menus.

Deb Matthews said the legislation will be introduced in the winter. She made the announcement Wednesday morning at a McDonald's restaurant in Toronto's Eaton Centre.

Along with calorie counts, the legislation could require that eateries include additional nutritional information on menus and menu boards to help parents and children make healthier choices.

"I don't think there is any question that people's choices will be impacted by the inclusion of calories on the menu board," Matthews said. "I think we sometimes trick ourselves into thinking we are making a healthy choice when we are not."

Matthews also announced that her government is going to look at reducing marketing of unhealthy foods and beverages to children.

The overall intent is to



Health Minister Deb Matthews
METRO FILE

tackle the obesity epidemic, she said.

The province has long been under pressure to take such action. In recent years, the provincial New Democrats have introduced three private members' bills to force restaurants to post nutritional information.

The Ontario Medical Association and public health units have also advocated for the idea. **TORSTAR NEWS SERVICE**

\$1.1M grant. Breast-care program at St. Joe's gets boost from foundation

St. Joseph's Health Care London has received a \$1.1-million grant for its breast-care program.

The money, passed through the hospital's foundation, comes from the Bernard and Norton Wolf Family Foundation.

The Wolf family approached the foundation looking to make an investment in health care that would inspire others, hospital leaders said. The breast-care centre seemed a perfect fit.

The foundation

Norton Wolf and his uncle, Bernard, established the Bernard and Norton Wolf Family Foundation in 1982. The foundation focuses on health facilities, children, culture and the arts.

To recognize the gift, St. Joe's has named its centre the Norton and Lucille Wolf Breast Care Centre. **METRO**

Vietnamese subs

New Old East eatery is a family affair

The head of London's Old East Village business association is singing the praises of a new family-run operation on Dundas Street.

Chi Hi has just started selling Vietnamese subs with a family touch just west of Rectory. Its name translates as "elder sister," and it really

is run by siblings.

Sarah Merritt, manager of the area's BIA, says the Village's renaissance is owed to entrepreneurs like the Huynh family.

Quan Huynh, who works the front of the house at Chi Hi, thinks the eatery's food will catch on in the Forest City.

"Vietnamese subs are very popular in Toronto, and we're finding many of our customers (are walking) in looking for this special treat," he said. **METRO**



Heritage matters: Bill Birdsell, president of the Ontario Association of Architects, outside the Normal School in Wortley Village, one of the oldest buildings in the city. **MIKE DONACHIE/METRO**

City hall must show the way: Leading architect

Ch-ch-changes.

Comments come as London's heritage buildings face challenges



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The leader of Ontario's architects has a message for city council.

As London changes, many heritage buildings have an uncertain future. But Bill Birdsell, president of the Ontario Association of Architects, says city hall can show the way.

"London is a complete package," he said. "You can't preserve fragments. You have to look at it all together and

the city needs to tell us what to do."

In recent weeks, buildings tied deeply to the city's past have been thrown into the spotlight. The downtown master plan may try to revitalize the core, but it can't invent uses for threatened buildings.

Amid empty stores, and big projects like Fanshawe College's downtown campus, came the news that King-smill's department store, anchor of Dundas Street, is for sale. Then the historic Idlewyld Inn ran into trouble and was also listed by realtors.

Buildings must have uses, said Birdsell. But sometimes that means making changes to them, and that means objections from politicians and

The future of London's past

Bill Birdsell had a series of requests of city council to help architects bring forward the best ideas on heritage projects.

- He asked for a detailed set of priorities from city hall, in advance. What buildings are valued? What parts, from which periods, should be saved? What does the public think?
- If a building is the subject

of development plans, then heritage architects and not planners should make recommendations. Architects understand buildings better, he said.

- London could consider Vancouver's "bonus" system where sympathetic heritage developments are rewarded with relaxed planning conditions, like allowing the height of a building to increase.

the public.

"Unfortunately, the love and history and passion (for buildings) hamstrings an effective, adaptive refit of build-

ings," he said. "People say, 'You may move in but keep the doorknobs.'"

"We need direction. We're integrators. We're artists."

Injuries to cyclist who hit van critical: Police

Police are still investigating after a cyclist hit a minivan Tuesday near the intersection of Commissioners Road and Adare Crescent.

Const. Ken Steeves said a 53-year-old man was headed southbound from Adare onto Commissioners about 4:55 p.m. when he hit the passenger side of a Pontiac Montana.

The cyclist was taken to the intensive-care unit at Victoria Hospital, where he remained overnight with critical injuries. He wasn't wearing a helmet, Steeves said.

The driver of the minivan was uninjured, but a passenger sustained minor injuries. No charges have been laid.

One person has died so far this year in a car-bicycle

crash. That happened July 12 on Hamilton Road when a 45-year-old man rode off a sidewalk and collided with a city bus near Smith Street.

There have been far fewer collisions this year compared to 2012 and 2011. But, officials say, that could be thanks to a cold, wet spring that kept most bicycles off the road. **SCOTT TAYLOR/METRO**

By the numbers

Crashes involving cyclists:

- **2011:** 147 (one death)
- **2012:** 151 (no deaths)
- **2013, through Tuesday:** 93 (one death)

Two Canadians trapped in Egypt release video

'Ordeal's not over.'

Still under 'active investigation,' only a judge can decide when they fly home

Two Canadians who remain trapped in Egypt after being released from jail have made their first appearance in an online video.

Filmmaker John Greyson and physician Tarek Loubani, who were detained for seven weeks in Cairo, appear healthy and upbeat as they speak in the 66-second



Filmmaker John Greyson and physician Tarek Loubani in a video they released Wednesday. YOUTUBE SCREEN GRAB

video posted Wednesday to YouTube. Greyson said in the video that while the "ordeal's not over" it was time for the pair to say "hi" to those who supported them. It's not

clear when Egypt will allow them to fly home. An official said the men remain under investigation, and it's up to a judge when they are free. **THE CANADIAN PRESS**



Schoolchildren pray in Rawalpindi, Pakistan, Wednesday during a special class to recognize the anniversary of Malala Yousafzai's shooting by the Taliban. MUHAMMED MUHEISEN/THE ASSOCIATED PRESS

Malala's fame causes fear at former school

One year after a Taliban bullet tried to silence Malala Yousafzai's demand for education, she has published a book and is a contender for the Nobel Peace Prize. But the militants threaten to kill her should she dare return home to Pakistan, and the principal at her old school says that as Yousafzai's fame has grown, so has fear in her classrooms.

Although Yousafzai remains in Britain and her assailant is still at large, police say the case is closed. And many Pakistanis publicly wonder whether the shooting was staged to create a hero for the West to embrace.

Shortly after the attack, Pakistani schoolchildren filled the streets carrying

placards with the words: "I am Malala." A year later, a popular refrain is, "Why Malala?"

In Pakistan's Swat Valley, the giant sign that once identified Malala's school is gone. Rickshaws rumble to a stop as girls, their heads covered and faces obscured, scramble out and dash into the building.

The school made no plans to recognize the anniversary, although children in other parts of the country did. Teachers and students are afraid. Even a

giant poster of Malala that once emblazoned the wall of the assembly hall has been removed.

"We have had threats; there are so many problems. It is much more dangerous for us after Malala's shooting and all the attention that she is getting," said school principal Selma Naz. "The Taliban are very dangerous. They have gone from Swat, but still they have a presence here. It is hidden, but it is here. We all have fear in our hearts."

THE ASSOCIATED PRESS

Quoted

"If we found her again, then we would definitely try to kill her. We will feel proud upon her death."

Taliban spokesman Shahidullah Shahid, speaking about Malala Yousafzai during an interview with The Associated Press



Russia gets tough with little Netherlands

Maarten Huiskamp cuts a piece of Dutch cheese in De Kaaskamer store in Amsterdam, Wednesday. The Netherlands has apologized after a diplomatic spat over the arrest and detention of a Russian diplomat by police in The Hague, but relations between the countries are soured. Russian news agencies said that a delegation inspecting Dutch cheese facilities is not satisfied with the quality of the product. PETER DEJONG/THE ASSOCIATED PRESS

Utah

Nature calling?

A Utah man has been sentenced to seven days in jail after a high-speed chase that he blamed on a bathroom emergency. Jeffrey Laub, 39, told a judge that he was racing to get to a toilet as he was chased by cops at 178 km/h. **THE ASSOCIATED PRESS**

Kuwait

Jail for insulting the emir

Kuwait newspapers say a court has sentenced an online activist to two years in jail for insulting the nation's ruler. It is the first case since a blanket pardon for similar offences last summer. **THE ASSOCIATED PRESS**

Utica, N.Y.

Sounded like a puppy in distress

A frantic effort to save what was believed to be a puppy trapped in an upstate New York City's sewer system has a happy ending. There was no trapped pup, just a sewer system that sounded like one. **THE ASSOCIATED PRESS**

JOB AND BUSINESS OPPORTUNITIES FAIR

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Judge ridicules quest to punish census activist

In the name of justice?
89-year-old 'martyr in the making' is a public relations disaster for the prosecution, judge says

A Toronto judge lambasted the government Wednesday for its prosecution of an 89-year-old peace activist who refused to fill out the 2011 census, and found her not guilty.

Audrey Tobias admitted that she refused to fill out the basic personal information the census required because it was processed using software from U.S. military contractor Lockheed Martin.

But the judge noted there are two elements that the Crown must prove for a conviction: the act and the intent.

Tobias's testimony left Ontario Court Judge Ramez

Khawly unsure whether she was accurately recalling her intent for refusing the census nearly 2 1/2 years ago, or if the passage of time has "dimmed her memory."

That left Khawly with reasonable doubt of Tobias's intent and he said he therefore must acquit her.

"Could they not have found a more palatable profile to prosecute as a test case?" Khawly said. "Anyone in Justice who had not seen that coming should be ushered immediately into an introductory marketing course."

Tobias stood defiant on the courthouse steps, saying she was willing to be dragged off to jail if she had been found guilty.

Asked whether she had been afraid of the prospect, she shrugged.

"I was curious," she said. "I wondered what it would be like." **THE CANADIAN PRESS**

"Did no one at Justice clue in that on a public relations perspective, this was an unmitigated disaster?"

Ontario Court Judge Ramez Khawly

Activist Audrey Tobias stands on the steps of a Toronto court on Wednesday.
CHRIS YOUNG/THE CANADIAN PRESS



Mexican woman turned away from clinic, gives birth on lawn

Irma Lopez, 29, stands next to her newborn son Salvador at a clinic in the town of Jalapa de Diaz, Mexico, earlier this week. Mexican officials suspended a health centre director Wednesday after Lopez, an indigenous woman, was denied entry to his clinic and was forced to give birth on the lawn. A nurse kicked Lopez out of the clinic on Oct. 2, claiming she was "still not ready" and had to wait for a doctor. Lopez gave birth while grabbing the wall of a house next to the clinic. **CHEMA ALVAREZ/THE ASSOCIATED PRESS**

France. 2 more reporters held in Syria identified

France has revealed the existence of two more journalists taken hostage in Syria, after the prime minister identified them in a radio interview, apparently by mistake.

The disclosure that Nicolas Henin and Pierre Torres had been kidnapped while in Syria June 22 brings to four the total of French journalists known to be held hostage in Syria.

The Foreign Ministry said Wednesday that Henin and Torres' capture was not disclosed until now out of respect of their families' wishes. However, in an interview on French radio Wednesday, Prime Minister Jean-Marc Ayrault named them for the first time while answering a question about two other kidnapped reporters.

THE ASSOCIATED PRESS

Brazil. Man left legless after amputation mix-up

A Brazilian hospital says a patient with diabetic kidney failure has been left legless after going into an operation to amputate his right leg and having doctors remove his left.

Marilda Santos, spokesperson for Rio de Janeiro's Pedro Ernesto University Hospital, says that on Friday doctors were supposed to

amputate Antonio Cesar Victorio's right leg, but instead removed his left.

"When the patient's daughter told doctors they had removed the wrong leg, they amputated the other leg as well."

Victorio's daughter told the O Globo newspaper that the family plans to sue.

THE ASSOCIATED PRESS

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Where's the remote? It's on Twitter ... in a unique new TV, movie link-up

Tweet this: Twitter and Comcast have signed a partnership that will let viewers access TV shows and buy movie tickets directly from a tweet.

The development deepens the messaging service's ties to television programming.

Twitter Inc. and Comcast Corp. said Wednesday a new feature that's part of the deal will let customers of Comcast's Xfinity TV service tune in to programs by clicking a "see it" button in a tweet.

Comcast CEO Brian Roberts called it "an instant on-line remote control."



The Sept. 29 finale of *Breaking Bad* generated a record 1.24 million tweets. AMC/THE ASSOCIATED PRESS

The button will allow Twitter users to set DVRs, tune in to shows online, on TV or on mobile devices.

THE ASSOCIATED PRESS

Market Minute



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Dow Jones: 14,802.98 (+26.45)

Teen safety: It's a 'like' for Facebook managers

A cry for help? There are surefire ways the online social networking site can come to your aid



JESSICA SMITH
Metro in Toronto

Teens have a different Facebook than the rest of us.

Their profiles aren't searchable through Google, their default settings are more private and they

Quoted

"There's a lot of misunderstanding. And we get it — you want to understand how your image is being used."

Nicky Jackson, Facebook exec.

only show up in Facebook's new Graph Search to their "friends of friends" network.

It's all about teen safety. Facebook Canada invited reporters Wednesday to learn more about how the social network deals with that topic.

Facebook's manager of privacy and safety Nicky Jackson said the company chooses to give teens — kids are supposed to be at least 13 to be on the site — autonomy, in part because young people tend to go to Facebook to talk about things they can't tell their parents about, such as violence in their home or coming out as LGBT.

Facebook tries to give them a safe environment to communicate, she said.

Jackson explained the different ways a user can ask for help.

There are built-in mechanisms for reporting bullying to a trusted adult and to Facebook operators who can



Facebook wants to provide a safe environment. CHRIS JACKSON/GETTY IMAGES

remove the bullying post.

And there are mechanisms for reporting crises such as suicide attempts to emergency services.

Teen safety and privacy has been a controversial subject for Facebook.

Just recently ads for a dating site appeared on Facebook featuring the photos of Halifax teen Rehtaeh Par-

sons, who died by suicide after bullying and an alleged sexual assault.

The advertiser found Parsons' photos from a search engine and used them directly in the ad.

Facebook took down the ads and banned the advertiser, but didn't change its policies relating to approving ads, said Jackson.

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*NO PURCHASE NECESSARY. Contest begins on September 30, 9:00:00 a.m. EST, and closes on November 8, 2013 11:59:59 p.m. EST. Contest open only to legal residents of the province of Ontario who are 18 years of age or older and who are valid Shoppers Optimum Members. Valid Shoppers Optimum Card required to participate. There are five (5) prizes to be won, each consisting of one (1) Samsung Galaxy S4 mobile phone (each, a "Grand Prize"), approximate retail value \$699.00. Odds of winning depend on the number of eligible entries received. Correct answer to skill-testing question required. For full contest rules and details on how to enter, go to shoppersdrugmart.ca/mobileoptimum or see cashier for details.

NOBEL PRIZE WINNERS SHOULD GET TO TWERK

I sometimes wish I lived in a world where Nobel Prize week was as popular as Shark Week.

Alas, I live here. So while I might be excited to see people take home Nobel Prizes in physics or medicine or chemistry, I know it won't get the public nearly so excited as footage of any of those people being eaten by a hammerhead.

I've considered the potential of some reality TV glitz — each prize presented by Miley Cyrus, say, licking the medal like it's chocolate wrapped in foil. Or the winners making public phone calls to childhood bullies so they can boast they've won a million dollars (as well as a large chocolate medallion and a chance to meet Hannah Montana.)

But, really, we shouldn't have to glitz it up at all. A Nobel Prize, after all, is one of the most respected awards in all of humankind, second only to The Daytime Emmy Awards. To illustrate, here's a timeline (of the Nobels, not the Emmys).

1888: Alfred Nobel, butler for reclusive billionaire Bruce Wayne and the inventor of dynamite, is shocked to read his own obituary in a French newspaper, which dubs Nobel "the merchant



HE SAYS

John Mazerolle

metronews.ca

of death." In response, he creates the Nobel Prize so that he might be remembered more fondly, then has his critics blown up with dynamite.

1901: Wilhelm Conrad Röntgen becomes the first person to win a Nobel Prize for physics when he discovers X-rays, using the \$1.2 million prize to buy a hundred years' worth of X-ray Glasses ads in the back of Archie comics.

1911: Marie Skłodowska-Curie wins a Nobel Prize for chemistry. The Curie family wins five Nobel Prizes in total, earning them the nickname "the Sutter family of the Nobel Prize world" among those who are huge fans of both the Nobel Prize and the NHL.

1953: Physicist Frederik Zernike wins for his invention of the phase contrast microscope, earning the scorn of his fellow physicists who had all made some pretty cool papier-mâché volcanoes that erupt when you add baking soda.

1965: The awards show institutes an annual memorial reel — showing all those who have died in science, for science and because of science — which runs about 11 days.

1973: Chemists Stanford Moore and William H. Stein win for their research showing that the Maxipad on the left soaks up far more blue liquid than the other guy's sanitary napkin on the right.

1992: The Nobel Prize for Swimsuit Competition is discontinued after complaints from women's groups that the winner is always Swedish.

2007: After years of snubs, Martin Scorsese finally wins a Nobel Prize for his physics work, which provided a mechanism to explain the typical blood spatter pattern on gangsters' pinstripe suits.

2009: U.S. President Barack Obama's selection as winner of the Nobel Peace Prize stirs controversy, especially after he declines the invitation to come to Oslo and has a drone pick it up on his behalf.

As you can see, the Nobels have a colourful and even controversial history that should get people just as excited as any version of Jaws, whether a great white's or Miley Cyrus's. The beauty of science and the nobility of the human spirit should be enough to attract eyeballs.

Or, what the hell, just get Robin Thicke and Miley Cyrus to host and call the damn thing the Nobelz, if more people will watch. The Discovery Channel used to be a science station, after all.

How's that for blurred lines?

ZOOM

You said they're extinct?



ALEJANDRO ARTEAGA/TROPICAL HERPING

Your nose is going to grow

Pinocchio lizard fools us by reappearing

It's no tall tale that the aptly named Pinocchio lizard — once thought to be extinct — has been caught on camera in Ecuador. The Anolis Pinocchio has only been sighted on three occasions since 2005.

After a three-year search, a team of photographers and researchers found the creature.

METRO

Once thought to be a 'mythological creature'

"Finding the Pinocchio anole was like discovering a secret, a deeply held secret," said photographer Alejandro Arteaga. "We conceived it for years to be a mythological creature."

It was first discovered in 1953 but disappeared for forty years, only to be rediscovered in 2005 by birdwatchers. METRO

The nose knows

- The lizard was named after the children's character Pinocchio.
- It was found in the cloud-forest of Mindo, Ecuador.
- Its nose is incredibly flexible and it's not believed to be used for mating or battling rival males. But, its exact purpose is not known.

Where to find Pinocchio

1,530

The height in metres above sea level that the Pinocchio anole lives.

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

There's a long weekend coming up, which means you might find yourself doing a little travelling. So please a) stay safe and b) check out these games you can carry in your pocket to help while away the hours.



CONTRIBUTED

Naughty Bricks:

If the similarity between this title and another massively successful app starring cartoons with an unpleasant disposition raises your eyebrow, said eyebrow has a point. While Bricks isn't an Angry Birds clone, per se, it's close enough — giving you one physics-based shot at flinging the sun into a cluster of wisecracking bricks that are heading toward Earth. (iOS, Android/\$1.99)

The Cave:

More than just the titular location, The Cave is also the titular character narrating a puzzle-solving adventure game from the creator of the Monkey Island series. The setting can be dark

but beautifully clever writing — especially the snarky Cave narrator — should keep you smirking as you deal with monsters and hazards. The small screen can make for problematic controls, but we're used to that by now. (iOS/\$4.99)

X-Type:

We're fudging a bit here, since this isn't an app art all. Instead, simply plug photoslab.org/xtype into your browser and you'll be served up with a twin-stick space shooter. So blast as many menacing space threats as possible while this is still fresh, because it's your only chance to get on the leaderboard before the hardcore shows up.

Comments

RE: Hockey Canada Unveils Olympic Hockey Jerseys, published Oct. 8

How about not trying to fix what's not broken?

A slight alteration I can live with, but this is just lazy and ugly. Probably designed by the same people that thought those yellow jerseys were a good idea ... The red and white ones look like novelty jerseys I would buy at Petro Canada

with my gas points. The black one looks like a sweatshirt I'd buy at Roots. They dropped the ball (or puck) with these.

Chris posted to metronews.ca

Nice practice jerseys! Did hockey Canada run out of money for real ones?

DaN posted to metronews.ca

The first thing I thought of when I looked at the picture was, Petro Canada is going to love this!

GW posted to metronews.ca

WE WANT TO HEAR FROM YOU:

Send us your comments: londonletters@metronews.ca

Remember the cows? Let's write a song about them

Paper Lions. New indie rock album aims to tap into east coast heritage and share collective experiences from the band's youth



BACKSTAGE PASS
Mila Petkovic
london@metronews.ca

Canadian indie rockers Paper Lions dug deep into the archives to find the theme for their newly released album *My Friends* — they went into their childhoods.

The band is playing the London Music Hall on Friday along with Teenage Kicks and Texas King. Hailing from P.E.I., the band members are friends who have known each other for 20-something years.

The members include singer/guitarist John MacPhee, his brother and bassist Rob MacPhee, their neighbour and guitarist Colin Buchanan and drummer David Cyrus MacDonald, who they met in high school.

"The whole album is stories from our youth," says John MacPhee. "When it came time to (start) writing lyrics we started reminiscing and realized we had a plethora

of childhood memories in common."

The stories come together to make a collection of songs that reveal how the friends we grow up with shape who we are. The single *My Friend* recounts two adventures.

The first verse is about a competition that involved jumping over a four-foot-wide hatch in the old family barn where the MacPhees' father, a minister, kept a few cows.

"Our next door neighbour didn't clear it and fell 10 to 12 feet, and broke his arm," MacPhee says. "He had a cast for two or three months and all the kids were jealous of the cool signatures." The second verse explores their hobby of making home videos.

They shot hundreds — ranging from different takes on *Star Trek* to spoofs on heritage commercials — but never saved any because they had to keep reusing their only tape.

P.E.I.'s natural beauty and the love of music shared by the people who live there inspire MacPhee.

"Music is in our blood," he says.

"Everyone is a musician to an extent, whether they play guitar, fiddle or sing. You never heard students in class saying 'I don't sing.'"

"Being from the east coast of Canada, music is part of our heritage."



Members of the Paper Lions, John MacPhee, left, Colin Buchanan, David Cyrus MacDonald and Rob MacPhee.
STEPHEN ALEXANDER HARRIS

Details

A little more information on the show

- **Another band.** Paper Lions' opener Teenage Kicks, a Toronto grunge rock n' roll band, went to L.A. in April to record their new album *Spoils of Youth* — a celebration of youth

and music while the going is good. Unhappy with the results, they returned to Canada to redo the record and hope to release it in March 2014.

- **Fanshawe.** Starting things off Friday is London alt-rock and soul group

Texas King, who released a self-titled album in April and opened for Mother Mother at Fanshawe College's frosh week this year.

- **Details.** The show starts at 8 p.m. Tickets are \$15 in advance at Grooves Records.

2 SCENE



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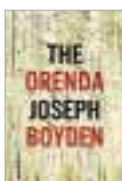
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1. DOCTOR SLEEP Stephen King

Haunted by the inhabitants of the Overlook Hotel where he spent one horrific childhood winter, an adult Danny Torrance has now become Doctor Sleep – and finds himself being pulled into an epic war between good and evil.

Last Week: 1 / Weeks on List: 3



2. THE ORENDA Joseph Boyden

Giller Prize winner Joseph Boyden returns with a visceral portrait of life at a crossroads in his masterpiece of Canadian historical fiction, *The Orenda*.

Last Week: 2 / Weeks on List: 5

This Week

Last Week Weeks on List

3. THE LONGEST RIDE Nicholas Sparks	3	4
4. A HOUSE IN THE SKY Amanda Lindhout and Sara Corbett	6	6
5. THE SILENT WIFE A.S.A Harrison	4	7
6. MADDADDAM Margaret Atwood	7	7
7. GRAIN BRAIN David Perlmutter	5	4
8. KILLING JESUS Bill O'Reilly	14	3
9. GONE James Patterson	19	2
10. STEVE JOBS Walter Isaacson	8	5
11. THE CASUAL VACANCY J.K. Rowling	10	12
12. INFERNO Dan Brown	11	20
13. BREAK OUT! Joel Osteen	17	2
14. THE SIGNATURE OF ALL THINGS Elizabeth Gilbert	20	2
15. ONE SUMMER Bill Bryson	18	2
16. TIME NOW FOR THE VINYL CAFE STORY EXCHANGE Stuart McLean	12	4
17. BLOOD Lawrence Hill	15	2
★ 18. THE CIRCLE Dave Eggers	-	1
★ 19. A NATION WORTH RANTING ABOUT Rick Mercer	-	1
★ 20. MY STORY Elizabeth Smart	-	1

Combined Fiction and Non-Fiction Bestsellers for the week, ending October 14th

★ New this week

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Writer can't get enough of the star-cross'd lovers

Romeo and Juliet.

Julian Fellowes says he's fascinated by young, pure love — the kind that takes over your life

NED
EHRBAR

Metro World News in Hollywood

Between what he's put the couples through on *Downton Abbey* and now taking on *Romeo and Juliet*, you'd be forgiven for assuming writer Julian Fellowes is more than a little obsessed with doomed, tragic love. And he'd admit you're onto something — but it's not his fault, he swears.

"This whole business of love ending in death, I grew up on it," he says.

"I mean, you remember those songs — Tell Laura I Love Her and Leader of the Pack and Terry — they were all ending up with the guy dying on the motorbike or being smashed in the car race or whatever. And that was really my adolescent culture. So in a way I got there before Twilight."

But early exposure to pop music aside, Fellowes insists he's just giving audiences what they really, really want.

"There is something about the ultimate sacrifice to preserve your love, which is completely pure and takes over your life, that we all find very appealing — perhaps because it's a sort of ideal that most of us don't live up to," he says of the enduring appeal of Shakespeare's romantic tragedy.

"There is a moment in some incredibly unhappy pursuit where most of us think, 'Oh, the hell with it' and then we just go home. But what we love about these lovers is that they don't think that."

"They go all the way and in the end they would rather die than be apart. It somehow chimes with the memory of first love and



Romeo and Juliet opens Friday. CONTRIBUTED

early love, which we've all been through."

And when he says "we all," he's including himself in that equation.

"These stories — and *Romeo* more than any other — take us back into that emotion," he says.

"And I suppose I respond to that as much as anyone else does, really. Odd as it may seem looking at this porky old fellow, bald and fat, once inside there was a lover."

That does leave one nagging question, though: With so many previous adaptations of the Bard's love story — and especially with Franco Zeffirelli's definitive 1968 edition and Baz Luhrmann's more experimental 1996 entry — why does the world need yet another?

"There are certain stories that won't die, and they just continually get reinvented," Fellowes explains.

"Sometimes (*Romeo and Juliet* has) been turned into modern musicals about the

back streets of New York or it's been made modern and set in an ice rink or it's in an underground garage or everyone's in Nazi uniforms.

"But the point is we keep going back to it. And I think the reason we go back to it is that it touches something at our very core."

"And that's why it seemed right to give this generation their own *Romeo and Juliet* and not constantly get out a fuzzy VHS of Zeffirelli's."

Wherefore art thou Romeo?

"There is something about the ultimate sacrifice to preserve your love, which is completely pure and takes over your life, that we all find very appealing..."

Julian Fellowes on the enduring appeal of *Romeo and Juliet*

From Fifty Shades to Jurassic Poke

Dinosaur erotica.
Writer is ready and willing to talk about Rex — and all of his frenzied fans

ANDREA PARK
Metro World News in New York

Authors Christie Sims and Alara Branwen gained Internet notoriety after writing several volumes of dinosaur erotica, including *Taken by the T-Rex* and *In the Velociraptor's Nest*.

The two friends met at Texas A&M University, where they are both students, and found that writing erotica was not just fun, but also profitable.

They decided to write lurid tales of ancient, scaly creatures having their way with women (under pen names, of course) and saw their novel idea take off. Branwen spoke with Metro about her strange success and even offered up a bonus: an amazing, Metro-exclusive, dinosaur sex scene with everyone's favourite pop star, Miley Cyrus.

How did you get into dinosaur erotica? Is it really just for the money?

I first got into dinosaur erotica because I was burned out on doing dragon, were-creature, and the other kinds of erotica that I was doing at the time. I so burned out on writing it that I thought about quitting.

However, as I was going for a walk one day, I thought about Jurassic Park. My mind immediately went to my work and I started picturing huge dinosaurs having sex with young women. I died laughing. I thought that writing a dinosaur erotica would be fun and would possibly reignite my passion for writing. So I wrote a dino word porn. The story was fun to write and it rekindled my excitement for writing.

Do I write it just for the money? No. Of course, money is part of the reason I write. Since I am a writer, writing is my job and therefore (money is) part of the reason I write. However, I write dinosaur and fantasy creature erotica because it's unique, funny, fun and it is fresh enough to give me new ideas each time I sit down at the keyboard.

Where do you draw literary inspiration for your prose?

I get a lot of my basic writing structure from, believe it or not, Isaac Asimov. I am very fond of his simple style that is very clear and makes it easy for readers to connect to him. When it comes to my sex scenes though, I draw a lot of inspiration from R. A. Salvatore. His combat scenes are what taught me how to write action oriented scenes. Piers Anthony and Robert Heinlein are also big inspirations for my work for various reasons.

How did you get your books noticed in the first place?



Apparently there's a whole market of people willing to pay to read about buxom women being taken by T-Rex. ISTOCK

I think they got noticed at the level they have been noticed because someone made fun of my art covers and story titles on their blog. Other people made fun of my work on their own blogs. Jezebel saw the stories and did a piece on it, as did the Daily Mail. Then my book titles spread like wildfire. Now they are all over the place.

How do you two divide your work?

Christie and I both write together. Basically I write until I get tired, and then Christie takes over. Together we are

able to do about 5,000 to 9,000 words per day on working days.

Who are your readers?

If you want a breakdown of our fans, it's about 60 per cent men and 40 per cent women. Most of our readers seem to be between the ages of 24 to 60, with most of our readers being in the 30 to 40 age range.

Do they seriously fantasize about dinosaurs or is there some sort of irony on their part, too?

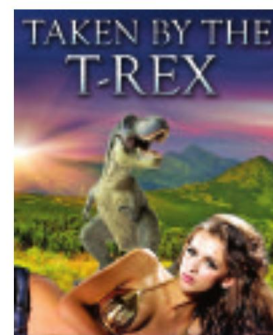
I think they do seriously

fantasize about dinosaurs, dragons, minotaurs, centaurs or whatever the story is about. However, some readers buy the stories just because they think they are funny or crazy. It doesn't matter to Christie or me why our readers buy them, just as long as they derive some kind of enjoyment out of them.

Do your friends know you write this stuff?

Yes, and they all think it is either cool or hilarious.

Who illustrates your covers?



More online

As a wild card question, we asked the authors of *Taken by the T-Rex* to give us a sample on how they'd write up a sex scene between Miley Cyrus and a velociraptor. The results? Visit metronews.ca to read their twerking tale.

A good friend.

Do you think you'll get sick of dinosaurs at some point?

Christie and I have actually started talking about when we are going to retire and go into things that are not porn related. However, we plan to write monster erotica for the next couple of years. We are still having fun with it. I, personally, am going to keep writing it until it's not fun anymore.

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Sinead O'Connor. ALL PHOTOS GETTY IMAGES

Sinead writes another letter, now the Wrecking Ball's in Miley's court

After Sinead O'Connor's third open letter to Miley Cyrus, the Wrecking Ball singer dismissed the Irish entertainer with, "You can write as many open letters as you want."

Well, be careful what you wish for. O'Connor has released her fourth open letter to Cyrus.

"You've said on Matt Lauer's show — where you again refer to me as 'crazy' — that you don't understand why I have been upset with you. I find that hard to understand, frankly, since

you're clearly very far from being a stupid woman," O'Connor writes.

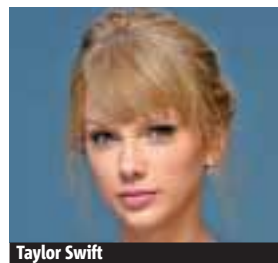
"I would very much like you please to apologize to myself and Amanda Bynes for having perpetuated abuse of both of us. ... I'd find it hard to believe someone so young could be that calculatedly evil to anyone, never mind someone who did absolutely nothing to deserve such abuse. I have no interest in the 'feud' which media want."

I guess the Wrecking Ball's in your court, Miley.

Swift and Mayer in same place at same time, world doesn't explode

It really is a small world after all. Taylor Swift risked a run-in with ex-boyfriend John Mayer recently when she visited Disney Land with some pals, since Mayer happened to be at the amusement park the same day with Katy Perry, according to E! News.

Luckily the two groups didn't cross paths while in the Magic Kingdom.



Taylor Swift

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Wait, so Bow Wow doesn't want to marry me?

THE WORD
Melinda Taub
scene@metronews.ca

The American economy has gone to crap. Their government can't function. Global warming is going to destroy us all.

But look on the bright side. At least we live in an era when catfishing exists.

I realize that is a terribly callous thing to say. Being catfished no doubt feels awful. I don't care. This makes me really happy.

So here's the deal. On this week's Catfish, an astute young woman named Keyonnah began an online relationship with rapper

Bow Wow. He refused to video chat with her, but they exchanged text messages and he sent her \$10,000 in gifts. But — shocker — the man who refused to meet her in person was actually not a famous rapper, but a woman named Dee who liked to lure straight chicks using Bow Wow's likeness because she "liked a challenge."

The best part of this, however, is that Bow Wow himself is super into it.

"I feel honoured," he said in a reaction video posted by his BET show 106 & Park. "It's dope and it's fly when someone wants to be you. And not only they wanna be you, in their mind they are you. That's crazy. But I like it. It's free promo for myself."

Bow Wow went on to invite both Dee and Keyonnah to come hang out with him, which is probably a much happier ending than catfishings usually have.



Daniel Radcliffe

His wand is out again — you're right Daniel, these headlines are easy

Daniel Radcliffe is not surprised about the reaction his steamy same-sex love scene in *Kill Your Darlings* is getting.

"It's quite an easy headline, I guess particularly for British papers. There's a lot of jokes to be made," he tells Katie Couric in an interview. But he does think it's a bit

out of proportion considering his previous work.

"There was full-frontal nudity" in the stage production of *Equus*, he points out, "and I played a boy who had a sort of sexual-religious fascination with a horse. So the fact that this is getting more attention, it's kind of interesting."



Owen Wilson

Wilson to father his trainer's baby

Owen Wilson is reportedly becoming a father for the second time — but this time with his personal trainer, who recently filed for divorce, according to the *National Enquirer*.

Trainer Caroline Lindqvist has reportedly been separated from her husband, plastic surgeon Ritu Chopra, for more than a year but did not

file for divorce until learning she was carrying Wilson's child.

"Caroline broke the news to Owen this past May shortly after confirming that he was the father," a source says. "A few days later she filed for divorce from her husband."

The baby is said to be due in January.

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Lost outside the fashion loop?

Let's give you something to talk about. From leaked looks to high-profile hissy fits, we've got you covered for behind-the-catwalk conversation starters

ALICE TATE

Metro World News

The shows, the parties, the running in heels — we know fashion month is a crazy one. If you're anything like us, you're now a good few weeks behind on industry gossip, mile deep in emails, and are quickly losing your rep as the most clued in employee on your floor, right?

Saving you the trouble of calling in a backlog of glossies, or trawling Google for days, we've rounded up the biggest, buzziest news blasts you might have missed over the month that was, for you to scroll, study, and slip flawlessly into conversation. There, reputation saved. (We just can't do anything for your social life.)

Sept. 6 Alexa Chung launches her book, *It*

Our favourite clothes horse and It-girl released her first book, aptly titled, *It*. A new day, a new line on the CV, right Alexa?

Sept. 10 Givenchy launches app

The Italian luxury label is getting down with the kids and going all techy on us. Givenchy unveiled their new app, which gives us all a deeper insight into the brand, its values, and ahem, its stellar e-commerce abilities.



Rihanna's second collection for River Island has shone bright like a diamond since Sept. 12. CONTRIBUTED



Kanye's ignited a feud with everyone else. Why not include the fashion industry? CONTRIBUTED



A handful of style editors got to know each other a little better after getting stuck in an elevator post-Philosophy show. CONTRIBUTED

Sept. 11 Editors had to climb out of an elevator after the Philosophy show

First they ran to get to the show on time, and then 50 intrepid editors had to climb out of the elevator after it got stuck between floors. Who knew New York Fashion Week was such a workout?

Sept. 12 Rihanna's second collection for River Island dropped

The singer, who can't help but make news, made more during New York Fashion Week. Her second collection for River Island dropped. Celebrating in true RiRi style, the singer hosted a bash with party pal Cara Delevingne in tow.

Sept. 18 Net-A-Porter launch ethical collection

The luxury retailer's Green Carpet Challenge gave your favourite British designers (Burberry, Christopher Kane, Victoria Beckham, and so on) the task of creating a "green" dress, of which profits were donated to The Global Fund to help fight malaria. For us, it means we can buy designer wares and be kind to the world. Thanks, Net-A-Porter.

Sept. 19 Kate Moss says yes to Playboy

After years of "will she or won't she" speculation, the final decision is ... she will. Yup, Mrs. Moss will grace the cover of the iconic men's magazine for her 40th birthday, and the magazine's 60th anniversary. Some get presents, others get nude.

Sept. 25 Kanye West shouted off about fashion



It's been a long time coming, but Kate's finally ready to strike a Playboy pose. CONTRIBUTED

Controversy and Kanye go hand in hand. During Paris Fashion Week, the rapper took to the Radio1 airwaves to voice his frustrations with fashion, specifically Hedi Slimane. And he didn't hold back.

Sept. 25 Isabel Marant X H&M look-book Leaked

Great news for us, bad news for H&M. A sneaky mole leaked the much-anticipated Isabel Marant X H&M lookbook, giving us a tease of what we can expect when it hits shelves on Nov. 14. As anticipated, there's fringing, skinny jeans and oversized slouchy cardigans.

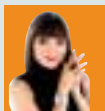
Sept. 25 Sofia Coppola decorated the windows at Bon Marché

In case you needed an excuse to love Sofia Coppola even more, here's one: she jazzed up the windows of Parisian department store, Bon Marché with oodles of Louis Vuitton. Did she do a good job? We'll let the adorable Bambi leaping through neon love hearts holding a mini LV speak for itself.

Sept. 26 Louis Vuitton tapped David Bowie for coming campaign

Ziggy Stardust fans, get excited. The luxury French brand tapped the iconic '80s star for their second instalment of the L'Invitation au Voyage campaign.

Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

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More billboards? Can't wait to be honoured at the @adsumfor women dinner, Oct 23 in #halifax.

Trends Report

- With the winter months just around the corner, your skin is bound to need a bit more TLC from the cold harsh winds. Go online to Trends Report and meet Michelle Lee, creator of MaskerAide and learn about sheet mask therapy, and how it can help unmask your most beautiful skin.

metronews.ca/voices/trends-report

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Fusilli or rotini? Shrimp and clams or halibut? Choose your ingredients

Seafood Tomato Sauce over Fusilli with Fennel



This recipe serves six. MARK SHAPIRO, FROM ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE)



ROSE REISMAN
For more, visit
rosereisman.com or
follow her on twitter
@rosereisman

This hearty seafood sauce is perfect during the cooler months.

Fennel is outstanding in this dish. If it is unavailable, use 1/4 cup licorice liqueur or 1 tbsp fennel seeds. If the licorice taste is not desired, omit fennel and add 1 cup chopped leeks or onions.

Any combination of seafood can be substituted to make up the total amount.

Firm white fish fillets, such as halibut, snapper or haddock, can be substituted for seafood.

1. Cook the chopped fennel in boiling water for about 8 minutes, or just until barely tender. Drain and set aside.

2. Cook pasta of your choice in boiling water ac-

cording to package instructions or until firm to the bite. Drain and place in serving bowl.

3. In a large nonstick saucepan, heat the vegetable oil; sauté garlic, red onions, green peppers and fennel for 5 minutes. Add sliced mushrooms and cook for 5 minutes or just until mushrooms are no longer wet. Add crushed tomatoes,

stock, black olives, tomato paste, basil, oregano, bay leaf and cayenne. Simmer on medium-low heat for 15 minutes, stirring occasionally.

4. Add seafood. Cover and simmer for 3 minutes, or until mussels are open and seafood just cooked. Pour over pasta. **ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE) BY ROSE REISMAN**

Ingredients

- 1 cup chopped fennel
- 12 oz fusilli or rotini
- 2 tsp vegetable oil
- 2 tsp crushed garlic
- 1 cup chopped red onions
- 1 cup chopped sweet green peppers
- 1 cup sliced mushrooms
- 2 cans (19 oz each) crushed tomatoes
- 1/2 cup fish or chicken stock
- 1/3 cup sliced black olives
- 1 tbsp tomato paste
- 2 tsp dried basil
- 1 tsp dried oregano
- 1 bay leaf
- Pinch cayenne
- 8 oz fresh mussels or clams
- 8 oz shrimp, peeled and deveined
- 8 oz squid, cleaned and sliced

For your phone

In Mary We Trust
— Mary Berry (iPad/
iPhone; \$2.99)



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

For Thanksgiving or Christmas, this is your guide to making a traditional turkey spread with old-fashioned stuffing, sides and sauces. There's cranberry confit, five-nut roasts and custard trifles for everyone.



Just can't say goodbye to your grill? Don't

Before the temperatures start to drop and those



chills make their way across the country, put your barbecue to good use while you still can.

This Grilled Halibut, Asparagus and Chorizo with Arugula Pasta Sauce makes for a sophisticated presentation but is deceptively easy to make.

1. Preheat your barbecue to medium-high heat.

2. In large bowl, gently toss together halibut, chorizo, asparagus, olive oil, lemon rind, basil, salt and pepper until combined. Pour pasta sauce into small saucepan; set aside.

3. Arrange halibut, chorizo and asparagus on grill, keeping each ingredient together. Cook chorizo and asparagus for 5 to 6 minutes, turning every minute, or until tender and slight-

ly charred. Cook halibut for 6 to 8 minutes, turning once halfway, or until just cooked through.

4. Meanwhile, place saucepan with pasta sauce on stovetop over medium heat. Cook, stirring occasionally, for about 5 minutes or until heated through.

5. Spoon sauce into centre of two dinner plates. Arrange halibut,

Ingredients

- 2 pieces skinless boneless halibut, 1 1/2-inches (4 cm) thick
- 3 oz (90 g) spicy cured chorizo sausage, cut diagonally in six 1/4-inch (5 mm) thick slices
- 10 thick asparagus spears
- 4 tsp (20 ml) olive oil
- 1 tsp (5 ml) grated lemon rind
- 2 tbsp (25 ml) chopped fresh basil
- 1/4 tsp (1 ml) kosher salt
- 1/4 tsp (1 ml) black pepper
- 1/2 cup (125 ml) PC Black Label Arugula Pasta Sauce

chorizo and asparagus over top. **PRESIDENT'S CHOICE**



Value Village

Check out valuevillage.com for even more great ideas plus DIY costume how-tos!



#thrifortreat

The art of hanging pictures

Wonder walls. Part 3 of a series on living room decor will help you get a handle on framing and hanging artwork



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

In this four-part series, we're serving up some lessons to help get your living room looking fabulous just in time for upcoming holiday parties. This week we'll cover how to avoid getting hung up on artwork. Knowing the rules will help you create beautiful living room walls.

Hanging

- If you're hanging art over a large piece of furniture such as a sofa or low cabinet, fill a distance two-thirds the width of the furniture with art, and hang the art 10 to 16 inches from the top of the furniture.
- When hanging art on a wall that has no furniture in front of it, the middle of the art should be 66 to 72 inches from the floor.
- The lower you hang your artwork, the higher your ceilings will appear — a great trick in a room with standard eight-foot ceilings.
- Always hang art in relationship to the floor, not the height of your ceilings. Higher ceilings don't mean you hang your artwork higher.

Part 4

Next week: Choosing the right accessories for the living room.

Arranging

- Many little pieces of art can be grouped together to create the effect of a large piece of art.
- When grouping pieces to fill a wall, start by placing the largest piece in the middle and work outward to the smallest.
- A grouping of art scattered down a hallway can act as lighting if each piece has a picture light hung over it.

Style

- If you're framing a variety of art so it coordinates in a room, use frames with similar colours or tones. Not all the frames have to be the same style, but they should share similar finishes such as gold, dark wood, white and so on.
- Mixing styles of artwork is a nice way to create an eclectic balance. Use the two-thirds-one-third rule — that is, use two-thirds of your preferred style, one-third of an alternative style.
- Not sure what type of art will look nice in your living room? Look at the style of your area rug; if the colours are rich then an oil painting might match nicely. If your area rug has a modern, monochro-



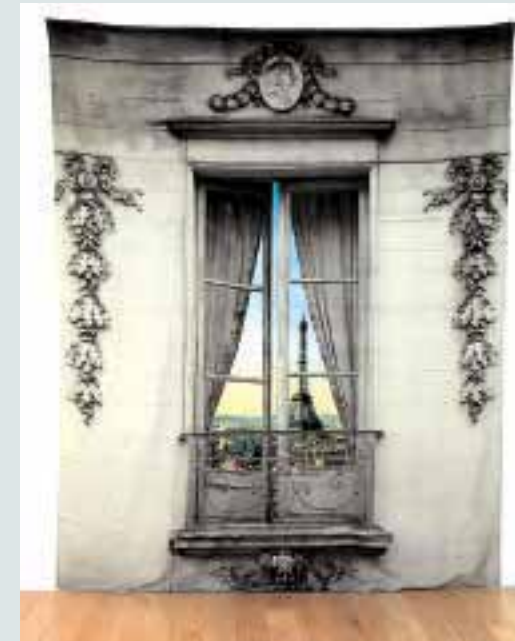
Many small pieces of art grouped together can be a great alternative to one large piece. COURTESY CRATE & BARREL

matic style then black and white photo art will match well.

Cost

- Art is very subjective; an inherited portrait of grandma could be digitally revamped into something Warhol-esque and cost you virtually nothing.
- The best sources for great art on the cheap? Estate sales, art fairs, art school yearly sales and pieces you make yourself.
- A good piece of art should cost twice as much as your sofa — a guideline that will help when budgeting your decor for the living room.

Art can help create a unique focal point for a room. Paris Window View Tapestry, \$59 US, urbanoutfitters.com. COURTESY URBANOUTFITTERS



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Design. Create a harmonious environment

Good design is an integral part of a successful renovation. It adds to the functionality of your home, increases your enjoyment, and gives you the best value for your investment. In other words, design can make a big difference.

The aim of good design is to create a harmonious environment of practical, common sense elements that

enhance your life — a living environment that looks, feels and works well.

It always begins with function. Only when the function of a room has been clearly defined, can you begin to develop the space. That's why designers will often ask homeowners to spend time thinking through, sometimes in minute detail, how they use or wish to use a specific area.

This is particularly important for a kitchen renovation to ensure the proper configuration of working and storage areas, lighting, and so on.

It is helpful to define your style right at the start. For instance, are you traditional, French country, urban chic or something else? You may not have a label for your own style, but what are your preferences? Before consulting

with professionals, create a portfolio of designs, products and materials that you like — photos, brochures, samples, etc. This will help both you and them to zero in on the right style and details.

Every project is different, but renovation experts agree there are a number of design considerations that apply generally to renovations.

- Room sizing. Draw your fur-

niture (scaled proportionately) right on the plan — does the room seem too crowded now?

- Traffic flow. How does your family move around in the house, in and out of rooms, from one area to another? Are there awkward or “dead” areas?

- Lighting. Lighting plays a big role in setting the mood in your home and accenting

features of a room. Use a combination of fixtures to create different effects — pot lights, wall sconces, chandeliers.

To get the best out of your design, think through all other elements of your renovation, from windows and doors to stairs and railings. Always consider function, style, placement and compatibility with surroundings.

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Renovations, such as painting, are an opportunity to protect your investment and enhance the value of your home. VIACHESLAV/COLOURBOX

Enhance value of your home

Your home is likely the most valuable asset you own. Your decision to renovate it may be driven by your lifestyle and a personal desire to upgrade. At the same time, renovation is an opportunity to protect your investment and enhance the value of your home.

First, to protect your asset, start with the basics.

Ongoing maintenance prevents the deterioration of a home and its value. As part of your renovation planning, do a thorough inspection of your home or hire someone to do it.

General wear and tear is often inexpensive to deal with, but can make a big difference to the appearance and appeal of your home. Components, from roofing shingles to furnaces, must be replaced at the end of their lifespan.

It's crucial to eliminate problems that can damage your home. Moisture problems, for instance, that can also be detrimental to your health, should be dealt with before or at the same time as your renovation, not postponed to later. Cracks in the foundation or brick walls,

loose siding, missing mortar, sagging floors or other issues that have developed over time should be attended to, before they create more serious problems.

Next, there are a number of ways you can maximize the value of your renovation investment.

Increasing the energy- and water-use efficiency of your home has both immediate and long-term payoffs. You will start saving money on your utility bills as soon as the new systems have been installed, while federal and/or provincial grants may help to offset your cost.

While taste is personal, a well-designed renovation will add greater appeal and value to your home. Spatial considerations are key — layout, traffic flow, visual flow from one area to another, size of rooms and ease of furnishing them, tying new construction seamlessly with the existing home, and so on. Trends come and go — you may want to choose features and finishes with lasting appeal, instead of the latest, hottest items.

CANADIAN HOME BUILDERS' ASSOCIATION

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No Bull, Knights grab big D-man from Belleville

OHL. London shores up the back end with veteran blue-liner; GM Hunter might not be done dealing



DAVE LANGFORD
dave.langford@metronews.ca

For London Knights general manager Mark Hunter, the defence never rests.

At least that's the case in the club's quest for a six-person unit to lead a Memorial Cup run.

Hunter added another defenceman Wednesday — the third new one in the past few weeks. But the addition of Belleville Bulls overager Brady Austin came at high price.

Knights forward Remi Elie, a 2013 second-round selection by the Dallas Stars, was dealt to the Bulls in the straight one-for-one transaction. He had a goal and two assists this season.

Hunter said the Knights' defence needed size, and they got that in Austin, now in his fifth year in the league. The Buffalo Sabres' seventh-round selection in the 2012 NHL draft is six-foot-four and 225 pounds. He has five points in seven games.

"If you see our team, we first of all needed a big defenceman," Hunter said during Wednesday's practice. "He's a big guy, he's mobile, can play big minutes, he's 20 years old."

"You see in the playoffs, it takes a toll on average-sized defencemen."

Hunter said he expects to get one of the two blue-liners who remain with pro teams back before the magic 10-game



Remi Elie was drafted 40th overall by Dallas in June. GETTY IMAGES FILE

point — the NHL's deadline for deciding to either keep them or return them to their junior teams.

The Knights' Olli Maatta appears to making a strong case to stay with the Pittsburgh Penguins. He earned two assists Tuesday night in a 5-2 win over the Carolina Hurricanes and averaged 15 minutes of playing time in his three starts.

Meanwhile, Nikita Zadorov just resumed skating with the Buffalo Sabres after being sidelined with a hand injury.

"No guarantees, but I believe we will get one of them. One could stay," Hunter said. "We've got to be ready for that. We can't be caught with our pants down."

Hunter said the current defence core of Austin — Miles Liberati, Alex Basso and Dakota Mermis — "should be a pretty good foursome." Meanwhile, the team's breaking in youngsters Aiden Jamieson and Santino Centorame.

Now what happens if Maatta and Zadorov both stay up?

"You go get another one if both stayed," Hunter said. "Right now, we're going to wait."



New Knights defenceman Brady Austin was a plus-16 with eight goals and 15 assists in Belleville last season. COURTESY OHL

MLB. Verlander gets nod for Tigers in Game 5

These decisive Game 5s sure are becoming familiar for Justin Verlander.

Just like last October in Oakland, the Tigers have been pushed to a winner-take-all fifth game in their AL division series against the Athletics. And Detroit will have Verlander on the mound again Thursday night after he pitched a four-hit shutout in the 2012 clincher.

"Well, you don't pretend. It's not just another game," Verlander said after the Tigers

Quoted

"He's been beaten before, it can happen again."



A's third baseman Josh Donaldson, on facing Detroit Tigers ace Justin Verlander in Game 5.

evened the series with an 8-6 win Tuesday at Comerica Park. "The season is on the line. It

was on the line for us tonight, too. This whole season, the way we battled and played as a team, comes down to one game, may the best team win. You can't treat it just like another game. It's a little bit different. There is more to it."

The A's will counter with rookie Sonny Gray against Verlander again after they put on a pitching show Saturday night at the Coliseum. Gray came out on top of that one as Oakland won 1-0.

THE ASSOCIATED PRESS

NHL

Leafs lose Lupul to injury again

Joffrey Lupul and the Maple Leafs can't seem to catch a break on the injury front.

The oft-injured winger missed practice Wednesday with what coach Randy Carlyle called a "bruised lower calf area" as a result of a collision with P.A. Parenteau of the Colorado Avalanche a night earlier.

Lupul's status for Thursday's game at the Nashville

Predators is unclear, though he was set to travel with the team.

"I would say that when you say a player's day to day, it would be totally dependent upon how he feels," Carlyle said. "Hopefully the swelling (subsides) and it'll be back to normal shortly."

Lupul, who missed the start of training camp with back spasms and all but 16 games last year with a broken arm and concussion, got some treatment and rode a stationary bike Wednesday.

THE CANADIAN PRESS

Heil goes beyond million-dollar promise from 2010

Day of the Girl.

Olympic mogul champion makes good on pledge made after Vancouver Olympics

Caught up in the euphoria of the 2010 Olympics, moguls skier Jenn Heil blurted out at the conclusion of the Games that she intended to raise \$1 million for the Because I am a Girl campaign.

Then she took a big gulp. "I think I got very excited and swept away in Vancouver," Heil said.

"Everything felt possible in Vancouver. So I said the million dollars and then I was terrified that I'd put that out there because I had no plan on how to go about it."

But Heil is a woman accustomed to the risk of speeding through moguls. She won Olympic gold in 2006 and

Eyes on the future

"They told me they wanted to be citizens of tomorrow. It made me want to try and help create some opportunity for them and for other girls."

Jennifer Heil, who became an ambassador of the Because I am a Girl program after a 2008 trip to Burkina Faso.

silver four years later in Vancouver.

Heil has reached her campaign target and is actually closer to \$1.1 million, she said.

Plan Canada's Because I am a Girl program operates on the premise that if a girl is nourished and has a safe environment and an education, she can raise the standard of living for herself, her family and her community.

The International Day of the Girl, initiated by the United Nations, is on Friday.

Heil will be in Ottawa Thursday to promote an interactive art installation supporting girls' education globally.

Heil's efforts have helped

fund 3,000 school scholarships for girls in Africa's Burkina Faso, as well as schools, playgrounds and water facilities there and in other countries.

"We often feel we don't know where to start, there's so many challenges in this world," Heil said. "That's true, but in terms of girls' education, a little goes a long way."

Heil retired in 2011 as a four-time world champion.

The 30-year-old from Spruce Grove, Alta., runs an annual girls-only moguls camp. She will be at the 2014 Winter Games in Sochi, Russia, as a television commentator for moguls.

THE CANADIAN PRESS

Raising the bar

On the day of the 2010 closing ceremony, Jenn Heil announced she would kick off her campaign with \$25,000 of her own money.

- Next was a meeting with the CEO of her sponsor Birks to ask if the jewellery company would match her contribution.

- "I knew if he said 'no' I was going to be in big trouble because I needed every single one of my sponsors to come on board to even have a chance," she said. "He said of course he would help. Birks has actually raised over \$200,000 for the challenge.... A lot of the money raised has been through the generosity of the business community in Canada."



Jenn Heil won silver at the 2010 Winter Games in Vancouver and gold in 2006 in Turin, Italy. KEVORK DJANSEZIAN/GETTY IMAGES

Drug issues

Russian doping violations on the rise ahead of Sochi

Russia's national anti-doping agency says the number of doping violations by Russian athletes has more than doubled this year.

RUSADA said in Wednesday's statement that more than 88 athletes have been punished for different violations and more than 80 other cases are still under investigation or awaiting decision. THE ASSOCIATED PRESS

IndyCar

Franchitti crash thrusts Tagliani into Fontana

Alex Tagliani will replace three-time Indianapolis 500 winner Dario Franchitti in the Oct. 19 season-ending IndyCar race at Fontana.

Franchitti remains hospitalized with two fractured vertebrae, a broken ankle and a concussion suffered in a last-lap accident Sunday at the Grand Prix of Houston.

THE ASSOCIATED PRESS

NCAA basketball

Wiggins to grace cover of Sports Illustrated

Canadian basketball player Andrew Wiggins appears on the cover of this week's Sports Illustrated.

The 6-8, 200-pound Kansas freshman is expected to go first overall in the 2014 NBA draft. The story compares the Vaughan, Ont., product's arrival at the school to those of Wilt Chamberlain and Danny Manning. THE CANADIAN PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Toronto	4	3	1	0	13	10	6
Boston	2	2	0	0	7	2	4
Detroit	3	2	1	0	6	7	4
Tampa Bay	3	2	1	0	7	7	4
Ottawa	2	1	0	1	5	5	3
Montreal	2	1	1	0	7	5	2
Florida	3	1	2	0	5	11	2
Buffalo	4	0	3	1	4	10	1

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	3	3	0	0	12	3	6
NY Islanders	3	2	0	1	12	7	5
Carolina	3	1	1	1	6	9	3
New Jersey	4	0	1	3	9	15	3
Columbus	2	1	1	0	6	6	2
NY Rangers	3	1	2	0	6	14	2
Washington	3	1	2	0	10	12	2
Philadelphia	4	1	3	0	5	10	2

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Colorado	3	3	0	0	11	3	6
St. Louis	2	2	0	0	11	2	4
Winnipeg	3	2	1	0	12	10	4
Chicago	2	1	0	1	8	7	3
Dallas	2	1	1	0	4	5	2
Nashville	3	1	2	0	6	9	2
Minnesota	3	0	1	2	7	10	2

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
San Jose	3	3	0	0	17	4	6
Vancouver	4	3	1	0	15	12	6
Anaheim	3	2	1	0	8	11	4
Calgary	3	1	0	2	12	13	4
Phoenix	3	1	2	0	6	11	2
Los Angeles	3	1	2	0	7	10	2
Edmonton	3	1	2	0	11	15	2

THURSDAY'S GAMES

All Times Eastern
Colorado at Boston, 7 p.m.
Columbus at Buffalo, 7 p.m.
Carolina at Washington, 7 p.m.
Phoenix at Detroit, 7:30 p.m.
Florida at Tampa Bay, 7:30 p.m.
Toronto at Nashville, 8 p.m.
Winnipeg at Minnesota, 8 p.m.
Montreal at Edmonton, 9:30 p.m.
NY Rangers at Anaheim, 10 p.m.
San Jose at Vancouver, 10 p.m.

MLB PLAYOFFS

A.L. DIVISION SERIES

(Best-of-5; x — played only if necessary)

BOSTON (1) VS. TAMPA BAY (6)

(Boston wins series 3-1)

Tuesday's result

Boston 3 Tampa Bay 1

OAKLAND (2) VS. DETROIT (3)

(Series tied 2-2)

Tuesday's result

Detroit 8 Oakland 6

Thursday's game

Detroit (Scherzer 21-3) at Oakland (Colon 18-6), 9:07 p.m.

N.L. DIVISION SERIES

ST. LOUIS (1) VS. PITTSBURGH (4)

(Series tied 2-2)

Wednesday's result

Pittsburgh at St. Louis

Monday's result

St. Louis 2 Pittsburgh 1

ATLANTA (2) VS. L.A. DODGERS (3)

(Los Angeles Dodgers wins series 3-1)

Monday's result

L.A. Dodgers 4 Atlanta 3

CFL

WEEK 16

EAST

	GP	W	L	T	PF	PA	Pt
x-Toronto	14	9	5	0	407	370	18
x-Hamilton	14	7	7	0	360	383	14
Montreal	14	6	8	0	349	385	12
Winnipeg	14	2	12	0	279	459	4

WEST

	GP	W	L	T	PF	PA	Pt
x-Calgary	14	11	3	0	446	323	22
x-Saskatchewan	14	9	5	0	419	316	18
x-B.C.	14	9	5	0	395	350	18
Edmonton	14	3	11	0	340	409	6

x — clinched playoff berth.

Friday's game — All Times Eastern

B.C. at Calgary, 9 p.m.

Saturday's game

Edmonton at Saskatchewan, 4:30 p.m.

Monday, Oct. 14

Winnipeg at Montreal, 1 p.m.

Toronto vs. Hamilton (at Guelph), 4:30 p.m.

NFL

WEEK SIX

Thursday's game — All Times Eastern

N.Y. Giants at Chicago, 8:25 p.m.

Sunday's games

Detroit at Cleveland, 1 p.m.

Green Bay at Baltimore, 1 p.m.

St. Louis at Houston, 1 p.m.

Cincinnati at Buffalo, 1 p.m.

Pittsburgh at N.Y. Jets, 1 p.m.

Philadelphia at Tampa Bay, 1 p.m.

Carolina at Minnesota, 1 p.m.

Oakland at Kansas City, 1 p.m.

Tennessee at Seattle, 4:05 p.m.

Jacksonville at Denver, 4:05 p.m.

New Orleans at New England, 4:25 p.m.

Arizona at San Francisco, 4:25 p.m.

Washington at Dallas, 8:30 p.m.

Monday, Oct. 14

Indianapolis at San Diego, 8:40 p.m.

MLS

Wednesday's results

Kansas City at Houston

Vancouver at Seattle

Colorado at San Jose

Saturday's games

New England at Montreal, 2:30 p.m.

Philadelphia at D.C., 7 p.m.

Chicago at FC Dallas, 8:30 p.m.

Sunday's game — Seattle at Portland, 9 p.m.

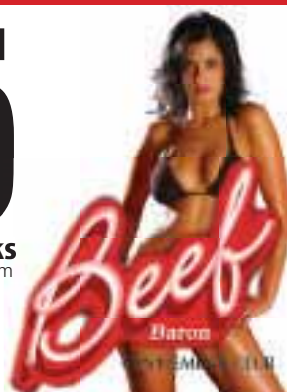
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Horoscopes

♈ Aries

March 21 - April 20

The planets warn someone you will try to take advantage of you. They will only succeed if you can't be bothered to stop them. Sometimes you can be too easygoing.

♉ Taurus

April 21 - May 21

If you are looking for an honest opinion from your friends, you won't get it. You will though get flattery by the bucket load, so try to keep in touch with reality. Take what others tell you with a large pinch of salt.

♊ Gemini

May 22 - June 21

The spotlight will shine on areas of your life that maybe you would prefer to keep under wraps. Don't kick up a fuss or your enemies will realize they have touched a nerve and won't ever leave you alone.

♋ Cancer

June 22 - July 23

You are in a restless mood today but it's highly unlikely you will be in the same place tomorrow. Get away from your usual surroundings. It will do you a world of good.

♌ Leo

July 24 - Aug. 23

A combination of Venus and Neptune will bring your humanitarian instincts to the fore today. But be careful who you give money to as not everyone will deserve it.

♍ Virgo

Aug. 24 - Sept. 23

You may find it hard to explain how you feel today but that's OK. Those who count the most will recognize the signs and give you the love and support you so clearly need.

♎ Libra

Sept. 24 - Oct. 23

Do you control your desires or do you indulge them to the full? Only you can decide. But if you play safe, you will most like regret it. Life is for laughing and loving, so don't be scared to take chances.

♏ Scorpio

Oct. 24 - Nov. 22

Today's influences may take away your energy, at least for a while, but that may be no bad thing. Sometimes it's good to step back from the hustle and bustle of life and refocus.

♐ Sagittarius

Nov. 23 - Dec. 21

Take your pleasures where you find them today — and you will find them in every direction. Most likely you will get the greatest satisfaction from being with your family.

♑ Capricorn

Dec. 22 - Jan. 20

You seem to be worrying that your life is going too well and something is sure to go wrong in a big way very soon. That's typical Capricorn negative thinking but, you are wrong.

♒ Aquarius

Jan. 21 - Feb. 19

It's not like you to worry about issues that you have no way of controlling, so snap out of the funk you have fallen into and get your mood back up there in the clouds. Life is supposed to be fun — remember?

♓ Pisces

Feb. 20 - March 20

This may be a restless day for you but that's OK. In fact, the more you and move around, the more fun you will have — and the more money-making opportunities you are likely to attract. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- On ___ (Without a contract)
- "The ___ Estate" on CBC
- Person's size stat.
- Curved shape
- Hit ___ spot
- Cut back
- Ms. Ephron
- Hit for Canadian band Sweeney Todd: 2 wds.
- Made, like wool
- Old English letter
- CBC's "Battle of the ___"
- 1992 Barenaked Ladies album
- "Take ___ day at a time."
- Improvises
- Sketch's Mr. Michaels
- Prefix meaning 'Nose'
- Head of France?
- Garnish
- BBC Canada motoring program: 2 wds.
- Whale: French
- Absentee soldier stat.
- Headquarters
- It's short for 'low budget'
- Era
- Breathable fabric
- Deadly
- Dance music style
- Onze: English
- Geddy of Rush



- Where Neil Armstrong worked
- Old West saloon brawl weapon: 2 wds.
- Particular
- Mark Twain story, ___ Diary
- Six-stringed instruments
- "We want you here!"
- Soak flax
- Rile
- Twirl

Down

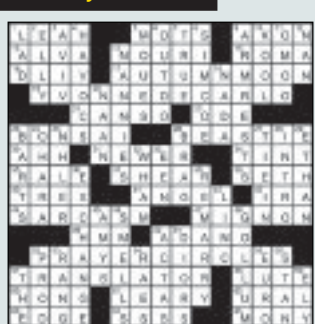
- Without
- ___ up (Support)
- Almond shade

- Spectacular signs of the season: 2 wds.
- Sea travellers
- "That ___, I could have sworn that..."
- Battlefield shelter
- Attempt
- Cilantro, for one
- Writer, Ralph ___ Emerson (b.1803 -

- 1882)
- PEI, The ___ Province
- Succinct
- What caused Pangaea to break apart?: 2 wds.
- Ken of "thirty-something"
- Instrument for the

- Duck in Sergei Prokofiev's symphonic fairytale Peter and the Wolf
- "That might ___ such a bad idea..."
- "Thou ___ lady." - King Lear
- Red Sea sailing vessel
- Fat-sucking oper.
- Mens ___ (Criminal intent, in law)
- Stretch of land
- Carouse
- Quickly, ___ time at all
- "You're putting ___, right?!"
- Blood-typing letters
- Novelist Mr. Uris
- Coach on "The Voice", Blake ___
- Common people member, briefly
- Cornball
- Not as many
- Hit for Canadian singer Edwin
- Dogma
- Sit-and-play instrument
- 'N' of NS
- On
- ___-sweet chocolate
- Sherman Hemsley comedy of 1986 to 1991
- Pantry container

Yesterday's Crossword

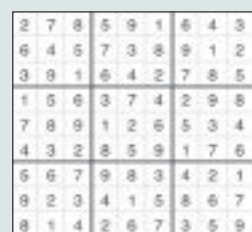


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

20°/8°

Sunny

Friday

20°/11°

Sunny

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